



## Future-Proof Your Practice: Innovation, Integration & Impact

2025 BTC ChiroSymposium | May 2-4 | Dallas, TX

The future of healthcare is evolving rapidly, and chiropractors who embrace innovation, efficiency, and advanced patient care strategies will thrive. This three-day symposium is designed to provide forward-thinking chiropractors and multidisciplinary providers with the knowledge and tools needed to stay ahead of industry changes. Attendees will gain insights into cutting-edge treatments, practice management strategies, and compliance essentials that will enhance patient outcomes and drive long-term success. Each session is carefully curated to help practitioners integrate new technologies, improve efficiency, and maximize profitability. Join industry leaders to learn practical, real-world solutions that will position your practice for sustainable growth and success.

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### Friday, May 2

4:30 PM – Registration Desk Opens

5:00 PM – 7:00 PM

#### The Metrics That Matter: Functional Assessments & Proprioceptive Mastery

Speaker: Dr. Mark Sanna

Objective assessments and rehabilitation strategies are essential for optimizing patient care and ensuring long-term treatment success. This session will explore how to integrate functional assessment tools such as computerized dynamometry, goniometry, and algometry to improve documentation and treatment planning. Attendees will learn step-by-step proprioceptive neuromuscular rehabilitation techniques to enhance balance, coordination, and core stability. These strategies will not only improve patient retention and compliance but also create stronger justification for medical necessity and insurance reimbursement. By implementing these tools, chiropractors will future-proof their practice with data-driven, evidence-based treatment protocols.

#### Understanding Peptides – A Functional Approach

Speaker: Dr. Joe Gambardella

This presentation offers a deep dive into the critical role peptides play as signaling molecules in the body, influencing healing, metabolism, muscle growth, and longevity. This comprehensive session explores various peptide categories and their therapeutic applications, including **healing peptides** like BPC 157 and TB 500 for injury recovery, **growth hormone secretagogues** such as Ipamorelin, Sermorelin, and CJC-1295 for muscle growth and anti-aging, and **metabolic peptides** like GLP-1 agonists (Semaglutide, Tirzepatide, Retatrutide) for weight management and metabolic health. Additionally, **mitochondrial and longevity peptides** such as MOTs-C and GHK-Cu are examined for their roles in anti-aging, energy production, and collagen synthesis.

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### Saturday, May 3

8:00 AM – Registration Desk Opens

#### 8:30 AM – 10:00 AM - From Chaos to Clarity: The Ultimate Chiropractic Case Management System

Speaker: Dr. Mark Sanna

Efficient case management is the foundation of a successful chiropractic practice. This session will introduce a structured approach to patient care using Case Management Flow Sheets, which provide a clear framework for treatment planning and progress tracking. Attendees will learn how to standardize care plans, improve communication among team members, and enhance patient compliance. By implementing these systems, chiropractors can eliminate inefficiencies and deliver predictable, high-quality outcomes. A well-organized case

management system is essential for future-proofing any practice by ensuring consistency, efficiency, and long-term patient satisfaction.

**10:00 AM – 10:30 AM – Break**

**10:30 AM – 12:00 PM**

### **The Future of Healing: Peptides, Regenerative Therapies & Cutting-Edge Care**

**Speaker: Dr. Roy “Buzz” Korth**

The integration of regenerative medicine into chiropractic practice is transforming patient care and expanding treatment possibilities. This session will explore the latest advancements in peptide therapies, birth tissue extracts, and autologous blood products to support healing and recovery. Attendees will gain insights into how these therapies can be used to treat musculoskeletal injuries, neuropathies, and chronic illnesses. Regulatory updates will also be covered to ensure compliance while implementing these innovative treatments. Chiropractors who incorporate regenerative medicine into their practice will stay ahead of the curve and offer patients cutting-edge, non-surgical solutions.

**12:00 PM – 1:00 PM – Lunch**

**1:00 PM – 2:15 PM**

### **Optimized for Success: Patient Retention & Practice Performance Hacks**

**Speaker: Dr. Naota Hashimoto**

A thriving practice is built on strong patient retention, effective communication, and optimized workflow systems. This session will provide chiropractors with data-driven strategies to improve visit adherence, track patient compliance, and reduce appointment drop-offs. Attendees will learn how to streamline their practice operations through automation, patient education, and efficient scheduling methods. Implementing these strategies will enhance the patient experience while increasing long-term revenue and stability. By refining retention and performance systems, chiropractors will create a practice that is resilient, scalable, and future-ready.

**2:15 PM – 2:45 PM – Break**

**2:45 PM – 4:00 PM**

### **Cracking the Code: Federal Workers’ Compensation Made Easy**

**Speaker: Dr. Steve Arculeo**

Navigating the Federal Workers’ Compensation Program can be complex, but it offers a significant opportunity for chiropractors to serve an underserved patient population. This session will provide a step-by-step guide to successfully integrating federal workers’ compensation cases into a chiropractic practice. Attendees will learn essential billing procedures, compliance guidelines, and strategies to avoid common pitfalls. Understanding the structure of this program allows chiropractors to expand their patient base while ensuring proper reimbursement. Mastering federal workers’ compensation will create new revenue streams and position a practice for long-term financial success.

**4:00 PM – 4:15 PM – Break**

**4:15 PM – 5:15 PM**

### **Shockwave Therapy Unleashed: The Future of Non-Invasive Healing**

**Speaker: Dr. Jason Dunlap**

Shockwave therapy is revolutionizing musculoskeletal care by offering a non-invasive treatment option for pain relief and tissue healing. This session will break down the science behind shockwave therapy and demonstrate its applications for various conditions, from chronic pain to sports injuries. Attendees will learn best practices for patient selection, treatment protocols, and successful implementation within a chiropractic practice. Adding shockwave therapy can enhance clinical outcomes while providing an additional revenue source. Chiropractors who integrate this technology will remain at the forefront of non-invasive, evidence-based patient care.

**5:15 PM – 6:15 PM**

**Future-Proof Your Network: Mixer & Cocktail Hour**

Connecting with peers and industry leaders is an essential part of growing and future-proofing a chiropractic practice. This mixer provides an opportunity to engage in high-value conversations, share insights, and build relationships with other professionals in the field. Attendees will gain fresh perspectives on business growth, patient care strategies, and emerging industry trends. This relaxed setting encourages collaboration and networking that can lead to new opportunities and professional advancements. Strong professional connections can help practitioners stay informed and successful in an evolving healthcare landscape.

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**Sunday, May 4**

**7:30 AM** – Registration Desk Opens

**8:30 AM – 9:45 AM**

**Beyond the Scale: The Science of Sustainable Weight Loss & Wellness**

**Speaker: Dr. Charles Francis**

Sustainable weight management is a growing concern for both patients and healthcare providers. This session will focus on evidence-based strategies for guiding patients through long-term, successful weight loss. Attendees will explore key principles such as macronutrient balance, hormone regulation, and inflammation reduction to support metabolic health. Practical tools will be provided to help chiropractors integrate nutrition and wellness coaching into their practice. By incorporating these strategies, chiropractors can expand their services and enhance overall patient outcomes.

**9:45 AM – 10:00 AM** – Break

**10:00 AM – 11:00 AM**

**Conquering Osteoarthritis: A Multidisciplinary Playbook for Pain-Free Living**

**Speaker: Dr. Mark Sanna**

Osteoarthritis is one of the most common causes of chronic pain, but a multidisciplinary approach can significantly improve patient outcomes. This session will outline an evidence-based treatment protocol that integrates chiropractic care, rehabilitation, and regenerative therapies for long-term joint health. Attendees will learn how to identify early signs of osteoarthritis, implement functional assessments, and utilize manual therapy techniques for pain relief. Advanced treatment options, including PRP, hyaluronic acid, and bracing solutions, will also be covered. By adopting a comprehensive approach, chiropractors can position their practice as a leader in musculoskeletal care and long-term pain management.